

basic technical mathematics with calculus version Study Guide

Basic Technical Mathematics with Calculus Version

Understanding the fundamentals of technical mathematics is essential for students and professionals working in engineering, physics, computer science, and other STEM fields. When combined with calculus, these mathematical principles become powerful tools for modeling, analyzing, and solving complex real-world problems. This article explores the core concepts of basic technical mathematics through the lens of calculus, providing a comprehensive guide to help learners develop a solid foundation.

Introduction to Basic Technical Mathematics

Technical mathematics encompasses a wide array of mathematical techniques used to solve practical problems in technical fields. It includes topics like algebra, geometry, trigonometry, and calculus, each playing a vital role in understanding and modeling physical phenomena.

When integrating calculus into technical mathematics, learners gain the ability to analyze change, optimize systems, and understand dynamic processes—critical skills in engineering, physics, and related disciplines.

Core Concepts of Technical Mathematics with Calculus

To build a strong foundation, it's essential to understand the key areas of mathematics that serve as the backbone for calculus applications.

1. Algebra and Functions

- Variables and Constants: Basic elements used to represent quantities.
- Functions: Mathematical relationships where each input has a unique output, e.g., $f(x) = 2x + 3$.
- Polynomial, Rational, and Exponential Functions: Types of functions frequently used in modeling.

2. Geometry and Coordinate Systems

- Cartesian Coordinates: The (x,y) -plane provides a framework for graphing functions.
- Geometric Shapes and Areas: Calculations involving lengths, areas, and volumes are foundational in technical design.

3. Trigonometry

- Angles and Ratios: Sine, cosine, tangent, and their inverses are essential for analyzing periodic phenomena.
- Unit Circle: A tool for understanding trigonometric functions over angles.

4. Limits and Continuity

- Limits: Describe the behavior of functions as inputs approach specific values, crucial for defining derivatives.
- Continuity: Functions without breaks or jumps, necessary for applying many calculus techniques.

Calculus Fundamentals in Technical Mathematics

Calculus extends basic mathematics by focusing on change and accumulation. Its two main branches—differential calculus and integral calculus—are integral to modeling dynamic systems.

1. Differential Calculus

- Derivatives: Measure the rate at which a quantity changes with respect to another, e.g., velocity as the derivative of position.
- Rules of Differentiation:
 - Power Rule
 - Product Rule
 - Quotient Rule
 - Chain Rule

Applications in Technical Mathematics:

- Finding slopes of curves.
- Optimizing systems (maxima and minima).
- Analyzing velocity and acceleration in physics.

2. Integral Calculus

- Integrals: Represent the accumulation of quantities, such as area under a curve.
- Fundamental Theorem of Calculus: Connects derivatives and integrals, enabling the evaluation of areas and total quantities.

Applications in Technical Mathematics:

- Calculating work done by a force.
- Determining areas and volumes.
- Solving differential equations.

3. Differential Equations

- Equations involving derivatives that describe various phenomena like heat transfer, oscillations, and population growth.
- Solving these equations often requires integrating techniques learned in calculus.

Applying Calculus to Technical Problems

Integrating calculus with basic mathematics allows for practical problem-solving in technical fields. Here are some common applications:

1. Engineering and Physics

- Analyzing forces and motion using derivatives.
- Designing systems with optimal efficiency.
- Calculating material stresses and strains.

2. Computer Science

- Understanding algorithms that involve rate changes.
- Graphing functions for data analysis.
- Modeling computational processes with differential equations.

3. Economics and Business

- Cost and revenue optimization.
- Analyzing marginal functions.
- Forecasting growth with exponential models.

Practical Tips for Learning Technical Mathematics with Calculus

- Master the basics: Ensure a strong understanding of algebra, geometry, and trigonometry before diving into calculus.
- Practice regularly: Work through diverse problems to reinforce concepts.
- Visualize problems: Use graphs and diagrams to understand functions and derivatives.
- Understand applications: Study real-world examples to see how mathematical principles solve practical problems.
- Use technology: Employ graphing calculators and software like MATLAB or Wolfram Alpha for complex calculations.

Conclusion

Basic technical mathematics with calculus provides a robust framework for understanding and solving a wide array of problems in engineering, physics, computer science, and other technical disciplines. By mastering algebra, geometry, trigonometry, and calculus, learners equip themselves with the essential tools to analyze dynamic systems, optimize processes, and innovate in their respective fields. Emphasizing practical applications alongside theoretical understanding ensures that students not only learn mathematical concepts but also apply them effectively in real-world scenarios.

Further Resources

- Books:
 - "Calculus: Early Transcendentals" by James Stewart
 - "Advanced Engineering Mathematics" by Erwin Kreyszig
- Online Platforms:
 - Khan Academy (calculus and mathematics courses)
 - MIT OpenCourseWare (mathematics and engineering courses)
- Software Tools:
 - Wolfram Alpha
 - MATLAB
 - GeoGebra

By investing time in understanding these foundational concepts, learners will be well-prepared to

tackle advanced topics and contribute meaningfully to technological and scientific advancements.

Basic Technical Mathematics with Calculus Version: An In-Depth Exploration

In the realm of engineering, computer science, physics, and numerous applied sciences, a solid grasp of basic technical mathematics with calculus version is not merely advantageous?it is essential. This comprehensive review aims to dissect the core principles, applications, and pedagogical strategies associated with integrating calculus into foundational technical mathematics. As the backbone of modern scientific inquiry, calculus enhances problem-solving capabilities and provides a powerful framework for modeling complex systems.

Introduction: The Significance of Technical Mathematics in Modern Science and Engineering

Technical mathematics serves as the language through which scientific phenomena are described, analyzed, and manipulated. It encompasses a wide array of topics including algebra, trigonometry, differential equations, linear algebra, and especially calculus. The calculus extension transforms basic mathematical concepts into dynamic tools capable of handling change, motion, and growth?phenomena intrinsic to engineering and technological innovation.

The importance of integrating calculus into technical mathematics curricula is underscored by its applications:

- Modeling physical systems (e.g., motion, heat transfer)
- Designing control systems
- Analyzing signals and systems
- Optimizing processes and resources
- Understanding and predicting natural phenomena

To thoroughly understand these applications, students and professionals must master the foundational principles of calculus?limits, derivatives, integrals, and their applications.

Foundational Concepts of Basic Technical Mathematics with Calculus

Limits and Continuity

The concept of a limit underpins calculus. It formalizes the idea of approaching a point or a value, allowing mathematicians to define derivatives and integrals rigorously.

- Limit Definition:

For a function $f(x)$,

[

$$\lim_{x \rightarrow a} f(x) = L$$

]

means $f(x)$ approaches L as x approaches a .

- Continuity:

A function is continuous at point a if

[

$$\lim_{x \rightarrow a} f(x) = f(a)$$

]

Understanding limits and continuity is essential for analyzing the behavior of functions, especially in physical models where abrupt changes are rare or controlled.

Derivatives: The Rate of Change

Derivatives quantify how a function changes at any given point. They are central to understanding motion, growth, and other dynamic phenomena.

- Definition:

[

$$f'(a) = \lim_{h \rightarrow 0} \frac{f(a+h) - f(a)}{h}$$

]

- Physical interpretation:

Velocity as the derivative of position with respect to time.

Acceleration as the derivative of velocity.

- Common Rules:
- Power rule: $\frac{d}{dx} x^n = nx^{n-1}$
- Product rule: $\frac{d}{dx}(uv) = u'v + uv'$
- Quotient rule: $\frac{d}{dx} \frac{u}{v} = \frac{u'v - uv'}{v^2}$
- Chain rule: $\frac{d}{dx} f(g(x)) = f'(g(x)) \cdot g'(x)$

Integrals: Accumulating Quantities

Integrals serve as the inverse operation of derivatives, allowing the calculation of accumulated quantities like area, volume, or total change.

- Definite integral:

$\int$

$\int_a^b f(x) \, dx$

$\int$

represents the area under $f(x)$ between a and b .

- Fundamental Theorem of Calculus:

Connects derivatives and integrals, enabling the evaluation of definite integrals through antiderivatives.

- Basic Techniques:
- Substitution
- Integration by parts
- Partial fractions

Applications of Calculus in Technical Mathematics

The true power of calculus in technical mathematics manifests through its diverse applications across disciplines.

Modeling Physical Systems

Calculus allows for precise modeling of real-world systems:

- Kinematics:

Position $\backslash(s(t)\backslash$, velocity $\backslash(v(t) = s'(t)\backslash$, acceleration $\backslash(a(t) = v'(t)\backslash$.

- Thermodynamics:

Heat transfer equations often involve differential equations derived via calculus.

- Electromagnetism:

Maxwell's equations involve partial derivatives, integral calculus, and vector calculus.

Optimization Problems

Calculus is pivotal in finding maxima and minima?critical for efficient engineering designs:

- Method:

Identify critical points where $\backslash(f'(x) = 0\backslash$ or undefined, then analyze the second derivative or use the first derivative test to classify extrema.

- Applications:

Minimizing material use, maximizing efficiency, optimizing control parameters.

Signal and System Analysis

Fourier transforms, Laplace transforms, and system responses rely heavily on calculus-based integral transforms, enabling engineers to analyze complex signals and systems' behaviors.

Numerical Methods

In practical scenarios where analytical solutions are intractable, calculus guides numerical approximation techniques such as:

- Trapezoidal rule
- Simpson's rule
- Euler's method for differential equations

Pedagogical Strategies for Teaching Basic Technical Mathematics with Calculus

Given the abstract nature of calculus, effective pedagogical strategies are vital.

Historical Contextualization

Presenting the evolution of calculus from Newton and Leibniz frames its significance and fosters appreciation.

Visualization and Graphical Tools

Graphing functions, derivatives, and integrals illuminates concepts, making them more tangible.

Application-Based Learning

Integrating real-world problems from engineering, physics, or computer science increases engagement and relevance.

Incremental Complexity

Start with simple functions, gradually introducing more complex differential equations and multivariable calculus.

Use of Technology

Employ software like MATLAB, Wolfram Alpha, or GeoGebra to demonstrate calculus concepts dynamically.

Challenges and Common Misconceptions

Despite its utility, students often face hurdles:

- Misunderstanding limits:

Confusing the approach with the actual value.

- Derivative interpretation:

Struggling to connect the derivative to slope or rate of change.

- Integral misconceptions:

Thinking of integrals as just "areas," neglecting their role in accumulated quantities.

- Application difficulty:

Translating real-world problems into mathematical models.

Addressing these misconceptions requires targeted instruction, visualization, and practical problem-solving exercises.

Conclusion: The Future of Basic Technical Mathematics with Calculus

As technology advances, the integration of calculus into technical mathematics curricula remains vital. Emerging fields such as data science, machine learning, and computational physics increasingly rely on advanced calculus concepts, including partial derivatives, multivariable calculus, and differential equations.

Moreover, the advent of computational tools democratizes access to complex calculations, allowing learners and professionals to focus on conceptual understanding and application.

In sum, mastering basic technical mathematics with calculus version equips individuals with the analytical prowess necessary for innovation and problem-solving in a rapidly evolving technological landscape.

References

- Thomas, G. B., & Finney, R. L. (2000). Calculus and Analytic Geometry. Pearson.
- Stewart, J. (2015). Calculus: Early Transcendentals. Cengage Learning.
- Anton, H., Bivens, I., & Davis, S. (2013). Calculus: Early Transcendentals. John Wiley & Sons.
- Strang, G. (2016). Introduction to Applied Mathematics. Wellesley-Cambridge Press.

This detailed review underscores the critical role of calculus within basic technical mathematics, emphasizing its foundational importance, diverse applications, pedagogical considerations, and future trajectory. Mastery of these concepts forms the backbone of technical competence and innovation across scientific and engineering disciplines.

QuestionAnswer What is the fundamental concept of derivatives in basic calculus? Derivatives measure how a function changes at a specific point, representing the rate of change or slope of the function's graph at that point. How do you find the area under a curve in basic calculus? The area under a curve is found using definite integrals, which sum infinitesimal slices of the region between the curve and the x-axis over a specified interval. What is the significance of the chain rule in calculus? The chain rule allows us to differentiate composite functions by multiplying the derivative of the outer function evaluated at the inner function by the derivative of the inner function. How can limits be used to understand the behavior of functions near specific points? Limits help determine the value a function approaches as the input approaches a certain point, which is essential for understanding continuity, derivatives, and asymptotic behavior. What is the role of the fundamental theorem of calculus? The fundamental theorem of calculus connects differentiation and integration, stating that the integral of a function's derivative over an interval gives the net change of the function over that interval.

Related keywords: mathematics, calculus, technical mathematics, applied mathematics, differential equations, algebra, functions, limits, derivatives, integrals

be with

be with is a phrase that resonates deeply across different aspects of life?whether in relationships, personal growth, or day-to-day interactions. It encapsulates the idea of presence, companionship, and emotional connection. Understanding the multifaceted meaning of "be with" can help individuals foster stronger relationships, improve their mental well-being, and cultivate a more mindful approach to life. In this comprehensive guide, we will explore the various dimensions of "be with," including its significance in relationships, its role in self-awareness, and practical ways to embody this concept in

everyday life.

Understanding the Meaning of "Be With"

The phrase "be with" is versatile and context-dependent. At its core, it signifies being present, sharing experiences, and forming bonds with others or oneself. It can imply:

- Emotional connection: Being emotionally available and attentive.
- Physical presence: Spending time together in person.
- Mindfulness: Being fully present in the moment.
- Supportiveness: Offering companionship during difficult times.
- Acceptance: Embracing oneself or others without judgment.

Recognizing these facets helps to appreciate the depth and importance of "be with" in fostering meaningful relationships.

The Significance of "Be With" in Relationships

Relationships are the foundation of human experience, and "being with" someone is central to creating trust, intimacy, and mutual understanding. Whether romantic, familial, or friendship-based, the act of simply being with another person can have profound effects.

Emotional Presence and Connection

Being with someone emotionally involves more than just physical proximity. It requires active listening, empathy, and genuine interest. When you "be with" someone emotionally, you:

- Validate their feelings.
- Offer a safe space for expression.
- Demonstrate understanding and compassion.

This emotional presence strengthens bonds and fosters a sense of security.

Physical Presence and Quality Time

Spending quality time together is essential in nurturing relationships. Being with someone physically can involve:

- Sharing meals.
- Going for walks.
- Engaging in shared hobbies.
- Simply sitting in silence, appreciating each other's company.

These moments create memories and deepen connections.

The Role of "Be With" in Building Trust

Trust develops when individuals feel genuinely "with" each other. Consistency, attentiveness, and authenticity are key. When you show up for someone consistently and are present in their life, you cultivate a foundation of trust and reliability.

Practicing "Be With" in Your Daily Life

Integrating the concept of "be with" into daily routines can enhance your relationships and personal well-being. Here are practical ways to embody this idea:

Mindfulness and Presence

- Practice mindfulness meditation to increase your awareness of the present moment.
- During conversations, focus fully on the speaker without distractions.
- Limit multitasking when spending time with others.

Active Listening

- Listen attentively without planning your response.
- Nod or provide affirmations to show engagement.
- Reflect back what you've heard to ensure understanding.

Offering Support and Compassion

- Be available during others' challenging times.
- Show empathy through words and actions.
- Avoid judgment or unsolicited advice; sometimes, just being there is enough.

Self-Reflection and Self-Compassion

- Be with yourself by practicing self-awareness.
- Acknowledge your feelings without suppression.
- Engage in self-care routines that nourish your mind and body.

The Spiritual and Philosophical Aspects of "Be With"

Beyond relationships, "be with" also has spiritual and philosophical connotations. It emphasizes unity, presence, and acceptance of the flow of life.

Being Present in the Moment

Practicing presence aligns with mindfulness philosophies. It encourages individuals to:

- Let go of past regrets and future anxieties.
- Embrace the current experience fully.
- Cultivate gratitude for the present.

Acceptance and Non-Judgment

"Be with" entails accepting situations and people as they are, fostering a sense of peace and understanding.

Unity and Connection

Recognizing that we are interconnected encourages compassion and empathy, emphasizing that "being with" others is part of the human experience.

Common Challenges in Practicing "Be With"

While the concept is simple in theory, it can be challenging to embody consistently. Common obstacles include:

- Distractions and digital interruptions.
- Emotional barriers like fear, mistrust, or past hurt.
- Time constraints and busy schedules.
- Personal insecurities or self-doubt.

Overcoming these challenges requires intentional effort and practice.

Tips to Enhance Your Ability to "Be With" Others and Yourself

- Set boundaries to ensure quality interactions.
- Practice active mindfulness in daily activities.
- Engage in reflective journaling to understand your feelings.
- Prioritize quality over quantity in relationships.
- Learn to listen without judgment and offer genuine support.

Conclusion: Embracing the Power of "Be With"

"Be with" is more than just a phrase; it embodies a philosophy of presence, connection, and acceptance. Whether in nurturing intimate relationships, supporting friends and family, or fostering a healthier relationship with oneself, embodying "be with" can lead to more meaningful, fulfilling experiences. By cultivating mindfulness, compassion, and genuine engagement, you can enrich your life and the lives of those around you. Remember, at its heart, "be with" reminds us that true connection begins with being fully present—an act that has the power to transform relationships and inner peace alike.

Be With: An In-Depth Exploration of Connection, Presence, and Meaning

In an era defined by rapid technological change, social upheaval, and shifting cultural norms, the concept of "be with" has taken on profound significance. Far beyond its simple grammatical structure, "be with" encompasses themes of companionship, mindfulness, emotional intimacy, and existential presence. This long-form exploration aims to dissect the multifaceted nature of "be with", examining its psychological, philosophical, and cultural dimensions, and offering insights into how this phrase influences human experience.

Understanding the Phrase "Be With": Definitions and Variations

At its core, "be with" is a versatile phrase whose meaning shifts depending on context. It can denote:

- Presence and companionship: Being physically or emotionally alongside someone.
- Acceptance and mindfulness: Embracing the present moment or one's current state.
- Relationship commitment: The act of being in a romantic, familial, or platonic partnership.
- Alignment and harmony: Living in accordance with one's values or the natural flow of life.

These variations reveal that "be with" is less about a static state and more about a dynamic process of engagement, connection, and authentic existence.

The Psychological Dimension of "Be With"

Presence and Mindfulness

One of the most profound interpretations of "be with" is rooted in mindfulness practices. To be with oneself or others in the present moment fosters emotional resilience, reduces stress, and enhances well-being. Mindfulness-based therapies encourage individuals to be with their thoughts, feelings, and sensations without judgment, cultivating a sense of inner peace.

Key aspects include:

- Acceptance: Allowing emotions to be present without suppression or avoidance.
- Non-attachment: Recognizing transient thoughts and feelings without clinging.
- Compassion: Extending kindness inwardly and outwardly.

Research indicates that practicing "being with" one's emotions can improve mental health, bolster emotional intelligence, and deepen interpersonal relationships.

Attachment and Connection in Relationships

In romantic and platonic contexts, "be with" signifies emotional availability and genuine connection. Healthy relationships often hinge on the ability to be with another person authentically?listening, empathizing, and sharing vulnerabilities.

Studies in attachment theory reveal that individuals who are comfortable being with their partner's emotions tend to report higher relationship satisfaction. Conversely, avoidance of being with difficult feelings or conflicts can erode intimacy.

Common themes include:

- Empathy: Truly listening and understanding the other.
- Presence: Giving undivided attention.
- Mutual vulnerability: Sharing fears, hopes, and insecurities.

Philosophical and Cultural Perspectives on "Be With"

Existential Philosophy and the Art of "Being"

Existential philosophers like Jean-Paul Sartre and Martin Heidegger emphasize the importance of

authentic existence?being with oneself and the world in a genuine manner. Heidegger's concept of Dasein ("being there") underscores the necessity of authentic presence and awareness.

In this context, "be with" involves:

- Living intentionally.
- Facing mortality and the transient nature of life.
- Cultivating a sense of connectedness with existence itself.

This philosophical outlook encourages individuals to be with their authentic selves, embracing both their limitations and potentials.

Cross-Cultural Interpretations

Different cultures have unique perspectives on "be with":

- Japanese: The concept of "wa" emphasizes harmony and being with others in a way that fosters social cohesion.
- African: The idea of Ubuntu ? "I am because we are" ? highlights communal existence and interconnectedness.
- Indigenous Cultures: Often stress living in harmony with nature and the community, embodying the essence of being with the environment and others.

These cultural paradigms show that "be with" is integral to collective identity and societal functioning.

The Role of "Be With" in Modern Society

Digital Age and the Challenge of Connection

In a world saturated with social media, the act of being with has transformed dramatically. Virtual interactions can create a paradoxical sense of loneliness amid connectivity. The superficiality of online engagements can hinder genuine presence and authentic connection.

Challenges include:

- Superficial interactions: Likes and comments replacing meaningful conversations.
- Distraction: Constant notifications preventing mindfulness.

- Emotional disconnection: An inability to be with difficult feelings or conflicts.

However, the digital realm also offers opportunities for deeper being with others through virtual support groups, mindfulness apps, and online communities that encourage authentic sharing.

Therapeutic and Wellness Practices Centered on "Being With"

Contemporary therapeutic approaches increasingly emphasize "being with" as a foundational principle:

- Mindfulness-Based Stress Reduction (MBSR): Encourages participants to be with their sensations and thoughts.
- Compassion-Focused Therapy: Teaches clients to be with their emotional vulnerabilities.
- Somatic therapies: Focus on bodily awareness, fostering a sense of being with one's physical experience.

These practices aim to cultivate acceptance, resilience, and emotional depth.

Practical Applications and Exercises to Cultivate "Be With"

To integrate "be with" into daily life, consider the following exercises:

- Mindful Breathing

Focus on your breath for five minutes, observing sensations without judgment.

- Emotion Journaling

Write down feelings as they arise, allowing yourself to be with each emotion fully.

- Active Listening

When engaging with others, practice silent presence, resisting the urge to interrupt or judge.

- Nature Immersion

Spend time outdoors, consciously observing your surroundings to be with the natural world.

- Body Scan Meditation

Systematically bring awareness to different parts of your body, fostering physical and emotional presence.

Consistent practice of these exercises can deepen your capacity to be with yourself and others authentically.

Critiques and Limitations of "Be With"

While "be with" offers numerous benefits, it is not without challenges:

- Emotional Overwhelm: Fully being with difficult feelings can be distressing without adequate support.
- Cultural Variability: Not all cultures prioritize or interpret "be with" similarly, influencing its applicability.
- Misinterpretation: Overemphasis on being with can lead to avoidance of necessary action or change.

Balancing being with and proactive engagement is essential for healthy functioning.

Conclusion: Embracing the Power of "Be With"

The phrase "be with" encapsulates a profound approach to life—one rooted in presence, connection, acceptance, and authenticity. Whether viewed through psychological, philosophical, or cultural lenses, "be with" invites us to slow down, embrace the moment, and cultivate genuine relationships with ourselves, others, and the world.

In a society often driven by speed and superficiality, mastering the art of "being with" can serve as a pathway to deeper fulfillment, resilience, and meaningful existence. It challenges us to confront our inner landscapes and external realities with honesty and compassion, ultimately fostering a richer, more connected human experience.

References:

- Kabat-Zinn, J. (1994). *Wherever You Go, There You Are: Mindfulness Meditation in Everyday*

Life. Hyperion.

- Bowlby, J. (1988). A Secure Base: Parent-Child Attachment and Healthy Human Development. Basic Books.
- Heidegger, M. (1927). Being and Time. (J. Macquarrie & E. Robinson, Trans.).
- Tutu, D. (2008). Ubuntu: I Am Because We Are. (Various sources).

In embracing "be with", we open ourselves to a richer, more authentic existence?one that celebrates presence over perfection, connection over distraction, and being over doing.

QuestionAnswer What does it mean to be with someone in a relationship? Being with someone in a relationship typically means sharing a committed, mutual connection, often involving emotional intimacy, support, and companionship. How can I be with someone who lives far away? To be with someone long-distance, focus on regular communication, trust, setting shared goals, and planning visits to maintain your bond despite the physical distance. What are some ways to be with yourself and practice self-love? Being with yourself involves self-reflection, engaging in activities you enjoy, practicing mindfulness, and prioritizing your well-being to foster self-love and acceptance. How does being with family influence our mental health? Being with family provides emotional support, a sense of belonging, and stability, which can positively impact mental health, though unhealthy dynamics may have adverse effects. What does it mean to be with someone in a supportive way? Being with someone supportively involves listening, understanding their feelings, offering help when needed, and being present during both good and challenging times. How can I be with my friends more meaningfully? To be with friends meaningfully, prioritize quality time, active listening, sharing experiences, and showing genuine care and interest in their lives. What are some signs that someone truly wants to be with you? Signs include consistent communication, making time for you, showing interest in your life, supporting you, and demonstrating trust and respect in the relationship.

Related keywords: companionship, presence, together, accompany, stay, unite, connect, associate, link, join

Read the full article online: [BE WITH](#)